

Doctoral Internship in Psychology

Welcome from the Training Director



Thank you for considering the Doctoral Internship in Psychology at the University of North Florida Counseling Center. The internship is an integral part of the Center's mission to enhance the total educational experience of UNF students by providing a confidential and supportive environment where students' concerns can be shared and explored. Our hope is this internship will help you transition from a graduate student to an early career psychologist.

Please don't hesitate to contact Dr. Misha Bogomaz at m.bogomaz@unf.edu or (904) 620-2602.

General Information



Located in Florida
4-year public university near the beach



Housing Provided
Free on-campus housing



\$20k Stipend
Bi-weekly pay



Health Insurance
State employee health insurance

UNF is a public university located in Jacksonville, Florida. It initially opened admitting only juniors, seniors and graduate students in 1972, and started admitting freshman in 1984. Currently, the University has over 16,500 students enrolled, of which 3,500 live on campus. UNF is home to 200 clubs and organizations as well as 26 fraternities and sororities.

The UNF Counseling Center is centrally located on campus in a building that was completely remodeled in 2012. The Counseling Center staff was actively involved in planning the layout of the newly expanded Center, which includes 21 counseling offices, two small group rooms that share a one-way mirror, two medium-sized group rooms, a conference room equipped with audio-visual equipment, a private waiting area, a computer room where students complete 'paperwork', and additional space for our executive staff, directors and psychiatric staff. We currently use the conference room on a regular basis for training and have access to larger rooms/classrooms on campus if needed. As a member of the State University System of Florida, all buildings, facilities, and functions are compliant with accessibility requirements of the ADA.

The Counseling Center provides mental health services to students enrolled at UNF. The Center is accredited by the International Association of Counseling Services (IACS). We are diligently working on becoming a member of the Association for Psychology Postdoctoral and Internship Centers (APPIC) and being accredited by the American Psychological Association (APA). Our goal is to receive APPIC membership after a September 2017 review and become "accredited, on contingency" by APA our first internship year. For more information on APA accreditation, see <http://bit.ly/2xCPh6Q>

Staff



Our staff includes people from multiple disciplines, including psychologists, mental health counselors, an art therapist, nurse practitioners, a nutritionist and a psychiatrist. The Counseling Center is also home to a pre-masters internship program that takes on four new interns each school year. Many of our staff members engage in lifelong learning through membership in professional organizations, and attend conferences throughout the year. For some brief biographical information on our staff, please visit our staff page: <http://bit.ly/2fN7vs5>

Mission, Training Philosophy, and Internship Aims

Our mission is to provide quality training, necessary to facilitate the transitional process from graduate student to an independently practicing psychologist. Our training Model is the Practitioner-Scholar Model, which emphasizes service delivery based on the integration of scientific principles, research, clinical judgment, and client values. Training is designed to provide a supervised and supportive learning environment in which interns continue to develop and refine their skills and abilities in various competency areas and gradually assume increased clinical responsibility. Interns are encouraged and supported in cultivating their own professional style as they progress toward the role of an autonomous psychologist.

The Internship has several aims:

1. To assist interns in developing skills to effectively conceptualize and implement psychotherapeutic treatment informed by empirical knowledge.
2. To develop skills in providing useful consultation and interfacing productively with the treatment team and other professionals.
3. To help interns refine their professional identity as a psychologist.
4. To model for and assist interns in their development as scientifically informed practitioners.
5. To provide interns with a thorough foundation in the basic skills of psychological assessment.



We Follow a Practitioner-Scholar Model of Training

Service Activities

Individual Psychotherapy

Most UNF students come to the Counseling Center for individual counseling. Doctoral interns will spend up to 14 hours per week doing individual therapy. The counseling center has no specific session limits but the center strongly endorses a brief psychotherapy model. Interns will have numerous opportunities to learn art therapy and participate in an eating disorder team.

Outreach

Interns will have opportunities to provide outreach on a variety of topics to many different University departments.

Supervision of Mental Health Counseling Intern

Each intern will supervise the work of a master's level intern. The doctoral interns will serve as the master's level intern's supplementary supervisor in the fall semester, and primary supervisor starting in the spring semester.

Group Psychotherapy

The Group Psychotherapy component is a major focus of training. Each intern is required to co-facilitate one group in fall and spring semesters with a senior staff member. During the summer semester, interns participate in a multi-coleader group as well as have an option to co-lead a group with another intern. Interpersonal Process Groups are typical for the Counseling Center, but interns can, with the permission of the Group Coordinator, run a theme specific or a psychoeducational group.

Crisis Intervention

The Center has an emergency on-call counselor available at all times after business hours through an on-call service called "ProtoCall". Interns will receive training in crisis/emergency intervention skills and will be added to the regular rotation of on-call counselors. During business hours, interns will have a dedicated time to see clients for a emergency appointments.

Typical Week

Direct Contact



- Individual and Couples Psychotherapy (13 hpw)
- Intake Screenings (3 hpw)
- Group Psychotherapy (1.5 hpw)
- Outreach Activities (1 hpw)
- Supervision of MHC Intern (1 hpw)

Professional Development



- Case Notes and Paperwork (8.5 hpw)
- Dissertation (2 hpw)
- Staff Meeting (1 hpw)

Administration



- Individual Supervision (2 hpw)
- Group Supervision (2 hpw)
- Didactic Seminar (2 hpw)
- Group Psychotherapy Supervision (1 hpw)
- Case Conference (1 hpw)
- Supervision of Supervision (1 hpw)

*hpw = hours per week

Application and Selection Requirements

Applicants must have completed all academic portions of the doctoral program prior to internship (excluding dissertation). Applicants must have a minimum of 1000 hours of supervised clinical experience. United States citizenship or legal residency is required. All applicants must complete a practicum experience as required by their program. A strong preference will be given to applicants who have completed their dissertation and/or have experience working with college students. Applicants do not have to be enrolled in an APA accredited academic program. All application materials must follow APPIC guidelines and be submitted through the AAPI Online at <http://www.appic.org> no later than Thursday, March 1st at 11:00 Eastern Time.



Application Materials Must Include:

- ✓ A completed APPIC "Application for Psychology Internship"
- ✓ A copy of the applicant's curriculum vitae
- ✓ Official transcripts of all graduate education. Transcripts of undergraduate coursework are not required
- ✓ Contact information of three previous supervisors
- ✓ Verification of eligibility for internship from the Director of Graduate Training or Department Chair
- ✓ A personal statement outlining the applicant's reasons for choosing a career in clinical or counseling psychology and their reasons for seeking this internship in particular

The internship selection is a two-step process. The first step involves reviewing application materials by the selection committee. The Training Director will then contact the finalists by March 6th. The second step involves Skype interviews and an optional Open House day.

Please note: candidates must be able to pass a background check at no expense after the match before being considered for the doctoral internship.

Intern Benefits

Interns will receive a stipend of \$20,000 (via biweekly pay periods) and a single-occupancy, one bedroom on-campus residential apartment. The Counseling Center observes state and national holidays (approximately 9 days per year) and is closed for part of the winter and spring breaks. Health insurance and national holidays (interns will be able to use university facilities, libraries, the Student Wellness Center, and computer equipment. Each intern will have their own private office, computer with internet access, and a webcam.

Each intern is provided with on-campus housing in one of the residential apartments in Osprey Villages. All apartments are kitchen-equipped and completely furnished (with the exception of linens and kitchenware). All utilities are included, such as electrical power, water, sewer, satellite TV, high-speed Ethernet access, and access to community laundry facility. University housing has a no pets policy. Due to annual university closures and the need to complete 2000 hours, there is an expectation to work with the Housing and Residence Life staff for approximately 2 hours per week after the Counseling Center closes.

For more information about the UNF Counseling Center, please see our website: www.unf.edu/counseling-center